Version A

School-based Participants:

1. What do you feel the biggest challenge has been for kids being out of school for the past year?
2. What do you think the biggest challenge will be for kids going back to school?
3. How do kids become resilient?
4. What is the biggest contributing factor to resilience in kids?
5. How does being in school relate to a child’s resilience?
   1. If it increases it, how?
   2. If it does not contribute, why not?
6. What do you see as your role in fostering resilience in children?

Parents:

1. How do you think your child feels about what is happening with COVID-19? Do you think their understanding of what is happening is having an impact on how they feel?
2. Have you noticed any differences in the way your child responds to/approaches/interacts with you during tough times?
3. When there is stress or conflict with your child at home, what do you do? What does your child do?
4. What connections do you think your child is missing most at this difficult time?
5. On a scale of 1-10, how stressed has COVID-19 made you in the past month?
   1. How have you coped with this stress?
   2. It’s okay to say you haven’t.

Kids:

1. What has been the most difficult thing for you in the past year?
2. In the past few months, what things do you do that make you feel excited and/or happy?
3. What happens to you when you feel upset?
   1. If you calm down on your own: How do you calm yourself?
   2. If you need help calming down: Who helps you calm down? What do they do?
4. How do you think your friends have been dealing with everything in the past year?
   1. How do you feel that you compare to your friends’ ability to deal with everything?
5. How do you feel about going back to school in person?
   1. Do you have any worries about this? If so, what are they?

Families:

1. What’s the first word you think of when you hear “COVID-19”?
2. How has COVID-19 impacted your family?
3. What does the word resiliency mean to you?
4. What topics would you like to see in our sessions?

Version B

School-based Participants:

1. What do you feel the biggest challenge has been for kids being out of school for the past year?
2. What do you think the biggest challenge will be for kids going back to school?
3. How do kids become resilient?
4. What is the biggest contributing factor to resilience in kids?
5. How does being in school relate to a child’s resilience?
   1. If it increases it, how?
   2. If it does not contribute, why not?
6. What do you see as your role in fostering resilience in children?

Parents:

1. How has your child been doing school for the past year? (at home, at a daycare, with family members, etc)
2. What are your worries with having had your child at home for the past year?
   1. What (if anything) have you noticed that has improved over the past year?
3. If you have the option, will you enroll your child in face-to-face classes?
   1. What are your worries with having your child go back to school in person?
   2. What are your hopes regarding this transition?
   3. If not, why not?
4. What connections do you think your child is missing most at this difficult time?
5. On a scale of 1-10, how stressed has COVID-19 made you in the past month?
   1. How have you coped with this stress?
   2. It’s okay to say you haven’t.

Kids:

1. In the past few months, what things do you do that make you feel excited and/or happy?
2. What happens to you when you feel upset?
   1. If you calm down on your own: How do you calm yourself?
   2. If you need help calming down: Who helps you calm down? What do they do?
3. How do you feel about going back to school in person?
   1. Do you have any worries about this? If so, what are they?
4. What has been the biggest challenge for you during COVID-19?
5. What do you think will be the biggest challenge for you if you go back to school in person?

Families:

1. What’s the first word you think of when you hear “COVID-19”?
2. How has COVID-19 impacted your family?
3. What does the word resiliency mean to you?
4. What topics would you like to see in our sessions?